

# 2019 Annual Holy Spirit and St. Anne's Track Classic

- When:** Saturday, June 8, 2019 - Rain Date, Sunday, June 9, 2019
- Time:** Grades K & 1 - Coaches meeting at 8:35am; first race @ 8:45am  
Grades 2 & 3 - Coaches meeting at 10:20am; first race @ 10:30am  
Grades 4 to 5 - Coaches meeting at 12:05pm; first race @ 12:15pm  
Grades 6 to 8 - Coaches meeting at 1:50pm; first race @ 2:00pm
- Awards:** Medals: 1st to 3rd place. Ribbons for K-3 only.  
Note: there will be NO medal race in the afternoon
- Cost:** \$350.00 per team. (Smaller parishes contact me for a reduced fee).
- Where:** New Hyde Park Memorial High School, 500 Leonard Boulevard, New Hyde Park, New York 11040. Use directions below to park in the school lot off of Evergreen Avenue.
- Directions:** Traveling West to NHP on Jericho Turnpike: Drive approximately 1/2 mile past Nassau Boulevard and make a right onto Denton Avenue. Travel approximately 1/2 mile north, make a left onto Evergreen Avenue, then travel 200 yards and make a left into the high school parking lot.  
Traveling East to NHP on Jericho Turnpike: Drive approximately 1/2 mile past New Hyde Park Road and make a left onto Denton Avenue. Travel approximately 1/2 mile north, make left onto Evergreen Avenue, then travel 200 yards and make a left into the high school parking lot.
- Registration:** Please make checks payable to: Holy Spirit Athletic Association, and send to:  
**Peter Williams, 40 Second Street, Garden City Park 11040**
- Miscellaneous:** Bathroom facilities at the High School will be available.  
Food and drinks will be available for purchase at the Shack.  
We ask that you limit to two teams per event, a limit of three races for each child, and no more than 3 medals each.

Questions: Please contact: Peter Williams (516) 508-6637 or  
Christopher DelliCarpini (516) 574-3391

**We will be using a split session format for both the morning and afternoon sessions.**

**The morning session will be split as follows:**

**Kindergarten to 1st grade**

Coaches meeting at 8:35am. The first race will start at 8:45am.

160 meter relay - 4 X 40

200 meter relay - 4 X 50

240 medley relay - 4 X 60, **MEDAL RACE**

50 meter dash, **time permitting**

**2nd and 3rd grade**

Coaches meeting at 10:20am. The first race will start at 10:30am.

200 meter relay - 4 X 50

240 medley relay - 4 X 60

300 medley relay - 100 - 50 - 50 - 100, **MEDAL RACE**

50 meter dash - **if time permits, we will use both sides of the track**

100 meter dash - **if time permits, we will use both sides of the track**

**The afternoon session will be split as follows:**

**4th to 5th grade**

Coaches meeting at 12:05pm. The first race will start at 12:15pm.

1/2 mile run

300 medley relay - 100 - 50 - 50 - 100

400 meter relay - 4 X 100

400 medley relay - 100 - 50 - 50 - 200

200 meter dash, **time permitting**

**6th to 8th grade**

Coaches meeting at 1:50pm. The first race will start at 2:00pm.

1 mile run

300 medley relay - 100 - 50 - 50 - 100

400 meter relay - 4 X 100

400 Meter Medley - 100 - 50 - 50 - 200

400 meter dash, **time permitting**

