

ST. JOSEPH'S TRACK MEET

DATE: May 1, 2021

PLACE: Sequoia School on Waverly Ave in Holtsville

PARTICIPANT: St. Joseph's Ronkonkoma, Holy Family, St Mary's EI & OLPH

Below are the details from the host parish St. Joseph's:

We will divide the Football Field into 4 Areas, Split at the 50 yard line and split at the Goal Posts, when you arrive, please find me and pick an area for your team.

*Please set up your teams **in your area** and walk them to the starting area. B/c only the 4X100 cannot be Clerked on the track, everyone else will be well spread out as we clerk. By the time we clerk the 4X100 ON the Field we should be down to alot fewer athletes and alot of people should have gone home, and whoever is LEFT.. will probably be running.*

At this point I am expecting a number of Honor Society HS Students who need Community Service to be there to help, so we will not need alot of parents. If you have any HS kids that need hours and would like to help bring them early with you.

All spectators have to be BEHIND the fencing, If they haven't learned "SOCIALY DISTANCING" by now, we will not be the "police". You can have some Parents if needed, to keep the kids in your area, BUT NO WHOLESAL parent with carriages and addl kids. 1 or 2 parent helpers please at Max. We cannot have the running thru the field and playing tag etc while we are having this Meet. Anyone inside the fenced in area is not required to wear a mask, but that is up to each coach & parent. Coaches this is going to be ALOT of Moving parts with alot of these new restrictions and we have a list of these protocols to follow from Sachem School District to continue to have this facility. Please help us follow the rules. Thank you so Much.

Holy Family & St Marys we are doing a "MEET SWAP" so no check required. OLPH, I understand you will not be having a meet, I'll get back to you separately on what the fee is.

OLPH has 50 athletes participating and Holy Family has 70, and St Mary's is still doing a Registration.

I imagine the way we set things up, our Morning K-1-2 will be alot busier, and we will experience less athletes as we go thru the day into grade 3-4 & 5-6-7/8. So if we can get the K-1-2 session running smoothly the rest of the day should be alot more Fun.

Personally, I'm so HAPPY to be back on the track with my 5th grade Boys, like many of you this will be their first MEET in 18 months (last Meet was 11/2/1019). As with this whole situation, the coaches for our Grade 5 Boys have also taken on coaching grade 6-7/8 Boys too. We're still learning names, But I'm LOVING IT! We want to make this the BEST experience we can for EVERYONE.

May 1st (Rain date May 2nd..Same Times & Place) ..

Report time for grades K-1-2 is 10am with a HOPEFULLY 10:30am start

Grades K-1-2 : 3 relays 160, 220 & 330 medley

Everyone can run twice, if need be some can run 3 X's to make sure everyone runs twice.

Please only present each athlete with the BEST 2 medals they won. Please have No one walk out with 3 medals. We ask any 3rd Medals be returned to the Awards table, we are trying to make sure every Athlete wins a medal, and want to make sure we have enuff for everyone.

Grades 3-4 Report at 11:45am..

Grades 5-6-7/8 report at 1:30pm

Sequoia School On Waverly Ave in Holtsville, The school is part of the Sachem School District but is used for BOCES.

Grades 3-4-5-6-7/8 events are 3 relays .. 220, 330 Medley, 4X100

There are no "Medals Races"...so please follow the rules as we can for how many times anyone runs, so we can hopefully get every athlete to WIN a Medal.

As the first Meet of the season we just want to get everyone involved and no one hurt.

Let's make it Positive and Let's make it Fun.